

INTRODUCTION

Whatever I have mentioned in this book there is nothing new. As we feed our body, we need to feed our mind to remind us the task to be carried on to be successful student in our life. It's not what is presented in this book but how it is presented is very important. Some of the topics need deeper understanding to understand. Please go through those topics twice and you will have clarity.

Every student wants to become something but how many of them become what they wanted to become? Later on some of the students will not like themselves just before the examination or just before the examination results to be declared and after passing out of their college due to non-selection for a job. Even some of the students are committing suicide due to their internal communication, "I hate myself" or "I feel like committing suicide".

Let's analyze, who hates whom or who is killing whom? I hate myself; that means 'I' and 'myself' are two different entities. 'I' is what you wanted to become and 'myself' is what you are right now. Let's understand 'body' and 'mind' are two different entities. It's the mind which controls the body. You have to act on your mind. You have to visualise in your mind what are the end results you want to achieve as a student.

You may not like to get up early morning or exercise in the morning or study. But if you can remember and visualise the benefit of getting up early morning or the benefit of exercise and study; and tell your



10 Student's Blueprint for Success

mind “I will get up early in the morning/ I will exercise for my health and fitness/ I will study to do well in my examination.” You will change your acts as your thoughts become stronger and stronger. Do you want to control yourself or you want to be controlled by others?

It's very important how we communicate to ourselves, because first we communicate to ourselves, and then we communicate to individual or address a group. We communicate and act on the basis of our values, beliefs, thoughts and knowledge on the subject. Every students will be imparted the same knowledge. But few of them will be successful. Why?

When you say, “I want to become”; you rarely become. If you notice when you say, “I will become”, you become that person, as there is affirmation and belief in your communication. Our mind is a superb instrument or you can say super computer if we know how to use it rightly. But in most of the cases we don't use the mind, in other words mind uses us. Everything is a consequence of our thoughts. We become what we think about ourselves more often. What kind of values we carry, give us our character. **Commitment, character and intelligence are far more important than your formal education.**

Every student has a dream and dreams turn into fantasy if we don't get the proper guidance in appropriate time to take the appropriate action. Now the question is **what is the difference between a dream and a fantasy?**

The dream is a goal or blueprint with due date. If you work towards your dream, you

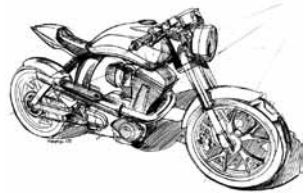


will be able to realise your dream. The fantasy is a dream where due date has expired. Suppose you wanted to be a cricketer but you are at such a stage in your life, it can't be achieved. So whenever you see any player is playing well, you visualise as you are playing the game. You get totally involved in the game.

Most of the time students fantasise instead of acting towards their dream, "I wish I could have played like Dhoni or I wish I could have danced like Hrithik Roshan." But very few will take constructive steps towards achieving their goals. Nothing is impossible when you split your goal into small steps and work everyday towards your goal.

If you want to be a Doctor or an Engineer, or a Scientist you can become, if you put your effort. Universities have proved that we use less than 10% of our intelligence. But again the question comes why do we use less than 10% of our intelligence?

You got a bike or a car which you brought to your college and one of your classmates placed a small scratch. How will you feel? You will feel very bad. Am I right?



Whenever you get scratches on your body, are you that serious?

Rarely!

Why is that? Because our body comes to us free of cost.



Most of the precious things on this earth came to us free of cost: our body, mind and intelligence. As our intelligence came to us free of cost, we take it for granted; otherwise every student has the capability to excel. This book will help you to create your blueprint, shape up your life, decide your destiny and design your success.