

HOW TO DEAL WITH CRITICISM?

*"It doesn't interest me how old you are.
I want to know if you will risk looking like a fool
to achieve your GOAL and SUCCEED in life."*

People who ever achieved extraordinary result in their lives, were initially criticized or labelled as fools; because they only could see their long-term outcome or vision. Fear of criticism is one of the biggest obstacles in the path of success. Whoever has been successful in this world had to defeat this worst enemy- fear of criticism. Some students refuse to set high goals due to the fear of criticism from friends and relatives.

Successful students consider criticism as a feedback and opportunity for improvement. Criticism is the measuring scale to inform you that you are doing something extraordinary. Those who don't do anything extraordinary in life don't attract any criticism. Criticism is a part and parcel of a successful student life. We can't make everyone happy in this world. When you become serious in your studies and start practising for your examination well in advance, you will not be able to give company to your friends. Your friends may make fun out of you by labelling as 'bookworm'.

Fear of criticism is one of the common reasons for students to avoid speaking on the stage in spite of having a strong desire to be a good public speaker and presenter. Though Mrs. Sonia Gandhi could not speak proper Hindi, but that has not stopped her to come on the stage and today she is one of the top leaders in the world. People have always



Sonia Gandhi



Marconi



Thomas Edison

criticized her speech. Where are those critics? If Thomas Edison would have feared ten thousand failures, we would not have got electric bulb. When Marconi, inventor of wireless communication announced that he had discovered a principle through which he could send messages without any direct physical means, was taken to a psychopathic hospital by his friends.

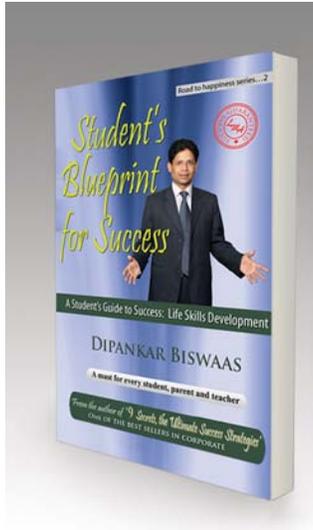
Some students blame their failure on the fate and some blame on their near and dear ones for not getting the expected support from them. Initially people will not support rather they will criticize; that's the law of the nature. Very few can overcome these criticisms and stops taking any further action towards their goal. Only your actions can take you to your destination.

Some students believe in rings and stones to change their fortune. Rings and stones are the reminders to take action as you can see them all the time. Stone can never change any one's fortune. Our body reacts when rays and vibration pass through stones and metal that touches our body. You can be hyperactive or stone can make you dull to stay back at home. If you can use these reactions in your favour, you achieve success. For example a student who always prefers to stay back at home will be given such a stone by astrologer, he will become hyperactive. He will feel like going out. He can use this action to meet teachers & spend time in the libraries or run after girls. It's up to his awareness. On the other side if a student is hyperactive, he may be given the opposite kind of stone to become lethargic and stay back home. He can use this time to study and finish assignments



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